

September 2008 *Ramadan*
Sahur, Iftar & Prayer Timings

1429 Hijri

AS THIS SCHEDULE IS BEING DISTRIBUTED WELL IN ADVANCE, THE DATE OF RAMADAN IS NOT WRITTEN IN ITS COLUMN.
 PLEASE WRITE THE DATE AFTER THE MOON-SIGHTING.

Ramadan	Day	Sep/Oct	Fajr Sahur	Shuruq Sunrise	Zuhr	Asr	Maghrib Iftar	Isha
	Mon	1	5:36	6:58	1:22	4:56	7:49	9:07
	Tue	2	5:38	6:59	1:22	4:55	7:48	9:06
	Wed	3	5:38	6:59	1:22	4:55	7:47	9:05
	Thu	4	5:39	7:00	1:21	4:54	7:46	9:03
	Fri	5	5:40	7:00	1:21	4:54	7:44	9:02
	Sat	6	5:40	7:01	1:21	4:53	7:43	9:01
	Sun	7	5:41	7:01	1:20	4:53	7:42	8:59
	Mon	8	5:42	7:02	1:20	4:52	7:41	8:58
	Tue	9	5:42	7:02	1:20	4:51	7:39	8:57
	Wed	10	5:43	7:03	1:19	4:51	7:38	8:55
	Thu	11	5:43	7:03	1:19	4:50	7:37	8:54
	Fri	12	5:44	7:04	1:19	4:50	7:36	8:52
	Sat	13	5:45	7:04	1:18	4:49	7:35	8:51
	Sun	14	5:45	7:05	1:18	4:48	7:33	8:50
	Mon	15	5:46	7:05	1:17	4:48	7:32	8:48
	Tue	16	5:47	7:06	1:17	4:47	7:31	8:47
	Wed	17	5:47	7:06	1:17	4:46	7:30	8:46
	Thu	18	5:48	7:07	1:16	4:45	7:28	8:44
	Fri	19	5:48	7:07	1:16	4:45	7:27	8:43
	Sat	20	5:49	7:08	1:16	4:44	7:26	8:42
	Sun	21	5:50	7:08	1:15	4:43	7:25	8:40
	Mon	22	5:50	7:09	1:15	4:43	7:23	8:39
	Tue	23	5:51	7:09	1:15	4:42	7:22	8:38
	Wed	24	5:51	7:10	1:14	4:41	7:21	8:37
	Thu	25	5:52	7:10	1:14	4:40	7:20	8:35
	Fri	26	5:53	7:11	1:14	4:40	7:18	8:34
	Sat	27	5:53	7:11	1:13	4:39	7:17	8:33
	Sun	28	5:54	7:12	1:13	4:38	7:16	8:31
	Mon	29	5:54	7:13	1:13	4:37	7:15	8:30
	Tue	30	5:55	7:13	1:12	4:36	7:14	8:29



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In The Name Of Allah, Most Beneficent, Most Merciful

Ramadan

Please visit the ISGH website www.isgh.org for daily input on Ramadan

“O believers! Fasting was prescribed for you as it was prescribed for those before you, so that you may attain taqwa (self-restraint).” (Quran 2:183)

FASTING is abstaining from food, drink, and conjugal relations between husband and wife from Fajr (Dawn) to Maghrib (Sunset) with the intention of fasting in obedience of Allah (swt). Fasting is compulsory on all sane, mature Muslims – males and females.

INTENTION (*niyyah*) to fast is required and must be made before dawn. Intention is an act of the heart. No specific wording of *niyyah* has been reported from the Prophet Muhammad (s).

SAHOOR is the meal one takes before starting the day's fast, It is NOT compulsory, but is blessed. The time for taking this meal extends until dawn – not beyond. Please consult the chart provided to determine the time.

IFTAR is breaking the fast at dusk (*maghrib*). Hastening to break the fast and making supplication are Sunnah of Prophet Muhammad (s). Supplication made at the time of Iftar are answered by Allah (swt). The Prophet Muhammad (s) used to break his fast with either dates or water. Please visit the special Ramadan page on the ISGH web site www.isgh.org for more information on supplications, regulations etc. related to fasting.

TARAWEEH prayers are Sunnah. Prophet Muhammad (s) used to redouble his efforts to recite the Quran during Ramadan and Angel Jibreel used to listen and revise with him during this month. (al-Bukhari)

ZAKAATUL FITR is a special charity compulsory on every Muslim - male and female. It should be paid (latest) *before* the Eid prayers. The equivalent amount of this charity is \$8.00 per person.

ZAKAAT is one of the five compulsory pillars of Islam. The basic rate is 2.5% of one's excess assets. Zakaat forms and detailed manual of how to compute one's Zakaat are available at the ISGH Main Office (713.524.6615) and the ISGH web site (www.isgh.org)

EXEMPLARY CONDUCT is expected of all Muslims at all times, especially so during Ramadan when extra effort is made to achieve *taqwa*.

INTENTIONALLY BREAKING FAST (without any valid reason) for even one day can not be compensated for, even if one fasts for the rest of one's life.

KAFFARAH (EXPIATION for breaking the fast) takes any of three forms: freeing a female slave, fasting for two consecutive months, or feeding sixty deserving persons (each person receiving the equivalent of an average meal). The number of expiations is equal to the number of days wherein the fast was broken.

EXEMPTIONS from fasting are granted to travelers, sick people, and certain other categories. “It is related from some of early scholars that an type of illness allows one to break the fast, even an injury to the finger or a toothache”. (al-Mughni). Such persons must also make up for the days of fasting missed.

INJECTIONS do not break the fast whether they are for feeding the person or just medicine. It does not matter if the injection was intravenous or hypodermic.